

# Massage

## **Swedish Aromatic (55 min)**

**B 1,890**

For complete relaxation, it is hard to beat the smooth stroking hand techniques used in a professional Swedish massage. Using your choice of aromatherapy oils, this massage covers all of the body and pressure can be applied to suit everybodies needs.

## **DeepTissue / Sport (55min)**

**B 1,890**

Using different techniques that allow deeper penetration into and around muscle areas, sport massage is ideal after a days leisure activities. Please let our receptionists know if you need attention to any particular area and they will individualise this massage for you to ensure complete satisfaction.

## **Oriental Fusion (55 min)**

**B 1,890**

Wonderful for relieving aches, pains and strains, this massage is a combination of Eastern and Western techniques that is highly recommended for those who prefer a strong massage.

## **HBS Stress Release (30 / 55 min)**

**1,170 / 1,890**

Concentrating only on the Head, Back and Shoulders, this anti stress massage will leave you feeling calm, revitalised and tension free. Also available as a 30 min massage in conjunction with another treatment.

## **Foot Relaxation (55min)**

**B 1,890**

Originating from Egypt, this foot reflexology massage applies pressure to nerve endings in the feet that relates to all different organs of the body. Far more than just a foot massage, this holistic healing technique helps restore balance and harmony to your body while aiding sleep and water retention. This therapeutic treatment also involves some calming lower leg and head massage.

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**B 1,590**

A wonderful treatment passed down from ancient generations, Thai massage involves the application of pressure and a gentle stretching of the muscles, also using pressure to stimulate the energy meridians of the body. This massage is performed on Traditional Thai mattresses without oil and pays special attention to the back and legs.

## Facial Treatments

**Aromatherapy (55 min)****B 2,140**

A rejuvenating experience of a cleansing, hydrating, moisturizing, facial massage and mask designed to purify and promote beautifully radiant skin. An exceptional facial treatment tailored to meet your specific skin condition and comes complete with a pampering hand and foot treatment.

**Deep Cleansing (55min)****B 2,140**

Using steam to thoroughly cleanse all pores before a detoxifying face Mask, this facial will also remove black heads to leave your skin looking and feeling radiant. Some wonderful hand massage will ensure you leave feeling totally refreshed.

### **Men's Pampering (55 min)**

**B 2,120**

Designed specifically for men, let us indulge your face with massage using the finest skin nourishing products available. Hydrating, cleansing and relaxing, you will leave us with your face looking and feeling alive.

### **Natures Own (55 min)**

**B 2,120**

Using fresh Thai fruit and traditional white clay, this facial gently cleanses and tones the skin. Perfect for those who are stressed or fatigued, this facial will do wonders to brighten the complexion.

### **Pampering Deluxe (85 min)**

**B 2,690**

The ultimate in personalised facial pampering, warm thermal blankets are used to warm and relax your muscles while your face is deep cleansed using steam, hydrating compresses and extractions. The skin is then toned and refreshed with a herbal mist while total relaxation is achieved through a shoulder, chest, neck, face and scalp massage. A face mask specific for your skin type will then be applied whilst further massage is performed on your arms and feet. To conclude this amazing facial, an aromatic moisturizer, eye gel and silk dust will also be used.

## **Body Treatments**

### **Aromatherapy Body Salt Glow (55 min)**

**B 2,150**

This superb body polishing treatment, uses a combination of freshly ground salts with pure lavender essential oil to re-mineralise and smooth the skin. A lotion massage concludes the treatment, leaving your skin as soft as velvet.

### **Siamese Herbal Scrub (55 min)**

**B 2,150**

Using Turmeric as the prominent ingredient, this exquisite scrub contains Plai, Lemon Grass and Kaffir Lime leaves carefully researched to provide a unique skin exfoliant. Feel thoroughly cleansed and uplifted after the application of this nourishing herbal preparation.

### **Tamarind Skin Exfoliation (55 min)**

**B 2,150**

Based on Tamarind, Ochna and Honey, this treatment uplifts, and revives whilst exfoliating the skin with natural rice meal. Thai Women over the centuries have relied on honey as a natural skin softener. Tamarind and Ochna provide cleansing and nourishing properties to give the skin a radiant glow.

### **Hot Herbal Clay Wrap (55 min)**

**B 2,220**

This luxurious hot white clay body wrap, helps drain the toxins and impurities out from your body, relaxing and soothing from within. The purest, natural Thai Herbal products are used to ensure a truly marvellous experience.

### **Body and Skin Detox (55 min)**

**B 2,290**

Detoxifying and exfoliating, this body mask is saturated with anti-oxidants. Using thermal energy during the wrap which enhances absorption, this treatment is perfect for improving the appearance of cellulite and hard fat and therefore your total complexion.

## **Body Treatments(cont.)**

### **Casuarina Leaf Enzyme Wrap (55 min)**

**B 2,220**

Utilizing the nourishing properties of crushed Casuarina Pine needles, this unique treatment also harnesses the uplifting properties of pure Thai Bergamot oil while the incorporated scrub totally cleanses your skin. A wonderful bergamot and lavender lotion massage completes this memorable experience that will leave your skin and body sparkling.

### **Aloe Vera Sun Soother (55 min)**

**B 2,090**

Using extracts of naturally healing Aloe Vera and Green Tea, this fine therapy hydrates and moisturises ozone damaged skin and also includes a relaxing body wrap and soothing Lavender facial.

### **Lymphatic Drainage (55 min)**

**B 1,990**

This treatment is designed to stimulate the body's lymphatic system, a fluid filled network, which circulates fats, proteins and immune cells and removes bacteria, viruses and cholesterol. Combined with exercise, this treatment can lead to a reduction in water retention, and in some cases, cellulite.

## **Luxurious Packages**

### **Asian Dream (1 hr 50 min)**

**B 3,630**

For the complete relaxing experience, choose any oil Massage and combine it with a Facial treatment of your choice.

### **Mind and Body Reflex (1 hr 50 min)**

**B 3,410**

Treat your body with a holistic Foot Relaxation Massage followed by an energising Oriental Fusion or stimulating Swedish Aromatic Massage for the complete relief of aches and pains.

### **Total Body Rejuvenation (1 hr 50 min)**

**B 3,640**

Invigorate your entire body and smooth away dry, dead skin with an Aromatherapy Body Salt Glow combined with a Swedish Aromatic, Deep Tissue or Oriental Fusion Massage.

### **Ultimate Detox (2 hrs)**

**B 4,060**

For total body cleansing and reducing the appearance of cellulite, this two hour package combining Aromatic Herbal Steam, a Body and Skin Detox and Lymphatic Drainage, will leave your skin feeling tight, refreshed and alive.

### **Soothing of the Spirit (3 hrs)**

**B 5,460**

This wonderfully calming experience, is perfect for anyone suffering from a long journey or a hard days activities. Starting with soothing Aromatic Herbal Steam, a Tamarind Skin Exfoliation shall then revitalize your skin, a Swedish Massage relax your spirit and an Aromatherapy Facial ensure you look good, while feeling great.

### **Secrets of Siam (Couples, 3 hrs)**

**B 9,980**

To truly experience what Thailand has to offer, this is a must for all travelers. Designed especially for couples, a Siamese Herbal Scrub shall be followed by a Traditional Thai Massage and Natures Own Facial. While you relax and rejuvenate 'Thai Style', Herbal Tea and Thai Desserts shall also be served to complete this very unique experience.

### **Asian Indulgence (3 hrs 30 min)**

**B 6,440**

Five distinctly different treatments make up this fabulous blend from the Orient. Herbal Steam, Tamarind Skin Exfoliation, Foot Relaxation, Oriental Fusion Massage and a Natures Own Facial will leave you with an impression of Asia you will never forget.

### **Katathani Paradise (4 hrs.)**

**B 6,920**

Bringing together everything you have ever wanted to pamper yourself with, this is the ultimate in mind, body and soul revitalization. Aromatic Herbal Steam or Jacuzzi will relax and loosen your muscles before a Jojoba Seed Scrub removes dead skin layers in preparation for the treats to come. Swedish Massage, a Hot Herbal Clay Wrap and Facial of your choice then complete your transition into a re energized, relaxed, glowing new you.

## **Specialties\***

### **Aromatic Herbal Steam (30 min)**

**B 700**

Refresh your body in this gentle cloud of steam filled with the aroma of fresh Thai herbs. Ideal before a massage, or anytime to cleanse the skin, clear the lungs, promote the circulation and invigorate the body.

### **Jacuzzi (30 min)**

**B 700**

Relax and enjoy as our Jacuzzi gently massages your cares away.

### **Classic Manicure**

**B 590**

A pampering hand treatment to beautify the hands and nails. Nails can be buffed to a healthy shine, or coated with the polish of your choice.

**Classic Pedicure**

**B 690**

A total foot treatment that removes hard, dry skin and beautifies the feet and nails. Nails can be clear buffed or coated with the polish of your choice.

**Waxing**

Removes hair quickly and cleanly using a hygienic roll-on hot waxing system

H a l f            l e g

**B 790**

F u l l            l e g

**B 1,290**

B i k i n i

**B 600**

U n d e r    a r m s

**B 400**

\* All specialties are available with other treatments only.

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\* Please ensure a minimum of two (2) hours notice if wishing to cancel or change your appointment or fifty percent (50%) of the value of treatments booked shall be charged to your account. Thank you for your attention.

